

Using The Memory Palace to Remember

PSYCHOMETRICIAN ASSESSMENT TOOLS & THEORIES


By Coach AB Bonita



MEMORY PALACE LOCATION: Your House


1. GATE – Psychometrics Foundations

- **Definition of Psychometrics**
- Concepts: Reliability, Validity, Standardization


 *Imagine opening your gate and seeing a giant “R-V-S” robot welcoming you – Reliability, Validity, Standardization.*

2. GARAGE – Classical Test Theory (CTT)


- Observed Score = True Score + Error
- Types of Reliability: Test-Retest, Internal Consistency

 *In your garage, you saw your math teacher wearing a T-shirt with “True” written in front. When he turned back, “Error” was written at the back.*

3. GARDEN / PLANTS – Item Response Theory (IRT)


- Focus on item characteristics
- Difficulty, Discrimination, Guessing
 *There are 3 Things in your Garden near the plants:
a Hard Rock (Difficulty), a Scale (Discrimination), and a Dice (Guessing).*

4. MAIN DOOR – Norm-Referenced vs. Criterion-Referenced Tests

- Comparison vs. Standards
 *Upon entering the main door, there was a thermometer (criterion) inside. You look closely and see a post on the door full of student rankings (norm-referenced).*


5. SOFA or CHAIRS – Intelligence Theories

- Spearman's g
- Thurstone's Primary Mental Abilities
- Cattell-Horn-Carroll Theory


 *There are 3 chairs or sofa with the following characters:
Spearman lifting weights (g),
Thurstone juggling 7 balls (PMAs),
CHC building blocks.*

6. TELEVISION – Personality Theories & Tools


- Big 5 (OCEAN), MBTI, MMPI

 *On your Television, a beautiful ocean was being advertised (OCEAN model). Along the shore, there are 16 beautiful villas (MBTI types: Myers-Briggs Type Indicator). A very grand aquarium was displayed with 10 different kinds of colorful fishes (MMPI scales).*


7. BATHROOM – Projective Techniques

- Rorschach Inkblot Test
- Thematic Apperception Test (TAT)
 *Your shower curtain has inkblots, and the mirror shows a dramatic scene playing out (TAT story).*


8. KITCHEN – Achievement & Aptitude Tests

- SAT, WAIS, Stanford-Binet, K-12 Tools
 *In the Kitchen, you saw the calendar hanging. You checked the date and Saturday (SAT)" was encircled. Your wise (WAIS) mother arrived, and she had a conversation with you about your sibling who is now a K-12 student.*

9. BEDROOM – Clinical & Counseling Tools

- Beck Depression Inventory (BDI)
- SCID, MSE, DSM-5
 *In your bedroom, there is a sad cartoon (BDI), a book with codes (SCID), a mental checklist (MSE), and a DSM-5 book glowing like a holy text.*

10. LAUNDRY AREA – Ethical and Cultural Considerations

- Informed Consent, Confidentiality, Cultural Relevance
 *In your Laundry Area, you found a contract (consent), a lockbox (confidentiality), and diverse statues representing culture.*

Now, go and continue to expand your Memory Palace! Use it to remember several other important information.

Study Smarter and Remember Longer!

- Coach AB Bonita